

Columbia University Information Sheet Form

Protocol Information

Attached to Protocol: IRB-AAAS3980

Principal Investigator: Mahlon Stewart (ms2952)

IRB Protocol Title: Living in the City in Late Life: Maintaining Quality of Life in a Unique Environment

General Information

Consent Number: CF-AACC2341

Participation Duration: 40 minutes

Anticipated Number of Subjects: 120

Research Purpose: The purpose of this study is to understand what most influences quality of life for older adults living in New York City who wish to live in their own home and community for the rest of their lives.

Contacts

Contact	Title	Contact Information
Mahlon Stewart	Principal Investigator	Phone: 212-305-9391 Cell: 917-533-4166 Email: ms2952@cumc.columbia.edu

Information on Research

[Information about this research study](#)

We are asking you to take part in a research study.

This form explains why we are doing the study and what you will be asked to do if you choose to be in the study.

This research study looks to understand what supports older adults aging at home in New York City.

We are asking you to participate in this study because you are living in the community in New York City and you are at least 75 years old.

If you agree to be in this study, we will schedule a time for a phone call or a videoconference. During that phone call or

videoconference, a researcher will ask you a series of survey questions.

The survey questions ask about who you are, how far you move around your home and neighborhood, how you feel about your finances, how often you see friends and family, and how well you are able to complete tasks like shopping or cleaning your home. The survey also includes a screen of your cognition (thinking, memory, decision-making).

The survey will take about 40 minutes.

Risks

Are there any risks to this study?

It is possible you may feel uncomfortable answering some questions about yourself.

You can choose to skip questions if they make you uncomfortable, or you may ask to stop participating completely with no penalty.

Benefits

Are there any benefits to this study?

You will not benefit directly from taking part in this study. However, the results may provide healthcare professionals and policy-makers with information that will improve the ability to support older adults in their own homes as they age in New York City.

Alternative Procedures

What other options are there?

You may choose not to take part in this research study.

Confidentiality

What about confidentiality?

Any information collected during this study that can identify you by name will be kept confidential. We will do everything we can to keep your data secure, however, complete confidentiality cannot be promised. Despite all of our efforts, unanticipated problems such as a stolen computer may occur, although it is highly unlikely.



This project does not include collecting health information that may be considered sensitive.

This research study will not seek to obtain other than the information asked of you in the questionnaire.

Any research information that is shared with people outside of Columbia University Irving Medical Center will not include your name, address, telephone number or any other direct identifier unless disclosure of the information is required by law or you have authorized the disclosure.

Your questionnaire responses will be assigned a code number and separated from your name or any other information that could identify you. The research file that links your name to the code number will be kept in a locked file cabinet and only the investigator and authorized study staff will have access to the file.

The following individuals and/or agencies will be able to look at, copy, use, and share your research information:

- The investigator, Columbia University Irving Medical Center study staff and other medical professionals who may be evaluating the study
- Authorities from Columbia University and Rocky Mountain University of Health Professions, including the Institutional Review Board ('IRB') from either institution. An IRB is a committee organized to protect the rights and welfare of people involved in research.
- The Office of Human Research Protections ('OHRP')

Compensation

Will I get paid or be given anything to take part in this study?

We will give you a File of Life refrigerator magnet to thank you for your participation.

Additional Costs

Are there any costs?

There are no costs to you for taking part in this study.

Voluntary Participation

Do I have to be in this study?

Participation in this study is voluntary. You may discontinue participation at any time without penalty or loss of benefits to which you are otherwise entitled.

Additional Information

Who can I call if I have questions?

You may call Dr. Mahlon K. Stewart ("Lonnie") at (917) 533-4166 if you have any questions or concerns about this research study.

If you have any questions about your rights as a research participant, or if you have a concern about this study, you may contact the Institutional Review Board listed below.

Human Research Protection Office
Institutional Review Board
Columbia University Irving Medical Center
154 Haven Avenue, 1st Floor
New York, NY 10032
Telephone: (212) 305-5883
E-mail: irboffice@columbia.edu

Thank you for taking part in this study!

